



TEAM BUILDING

2018-2019 Programs at the Interlaken Inn

NEW! Speak Easy Escape

“The greatest, gaudiest spree in history” is how F. Scott Fitzgerald described the Roaring Twenties in his book, “The Great Gatsby”. The opulent way of life of the East Coasters involved boot-legging, riches, the creation of the “Speak Easy” and delicious finger foods.

Dinner Event Theme: The Roaring Twenties (Dress appropriately)

Intro: Each attendee will have an invitation delivered to the guest room which will include a password to enter Interlaken’s “Speak Easy” as well as a clue to lead them to their destination and a 20’s themed swag bag!

Scene 1: Attendees arrive at the Speak Easy only to be “locked” in with their “Bees Knees” cocktails and finger foods where they must solve a series of clues/puzzles to escape the Prohibition Raiders. Once the puzzles are solved, the group will pair up and one of each pair will be blind-folded and led to their next destination to continue their progressive dinner.

Scene 2: Group arrives at dinner destination to find that their dinner host has been arrested due to producing “bathtub gin”! They are given their scenario and instructions to prepare their 1st course utilizing only the ingredients partially prepared for them before their cook went to jail. After preparation and consumption of their 1st course, their entrees and special dessert will be served by our “Gatsby” team. Of course there will be plenty of Jazz music for entertainment and the themed cocktails continue flowing!

Groups of 10 to 75 | \$75++ per person





Photo Safari

The Interlaken's Photo Safari is the most fun you can have - and still call it team building. This interactive event stirs competition between teams, and builds camaraderie among individuals.

Each team is provided a digital camera and a list of items, locations and 'scenes' around the resort's property. The task - to work cooperatively to find and take a photo of their team interacting with the location or item within 90 minutes.

At the end of the Safari we conclude by viewing each team's photos and deciding as a group whether they get the points and the team with the most points wins! The photos get put onto a CD for your group to take back to the office.

Approximately 1.5 hours in length.

Groups of 10 to 75 | \$45++ per person



Rafting Expedition

Problem-solving, negotiating, time-keeping and observation skills are all needed to complete this activity - but most of all you need to want to have fun!

A team consists of 6-10 people each and they are responsible for building a water-worthy raft able to stay afloat with participants aboard.

We provide all the items necessary; however, teams must bargain and perform tasks to acquire their items from our "Raft Trading Post". Once the trading is completed, teams will assemble their rafts and name their vessel.

The final portion of this exercise is to test the crafted rafts at our gorgeous lake front! Each team will select three crew members to race against the other teams. Of course our judges will have medals and special awards to be handed out at the completion of the race.

Groups of 12 to 75 | \$55++ per person



Culinary Challenge

You've seen the various Culinary Reality Shows on television, now put your group's culinary expertise and ability to work together to the test!

The group is divided into teams at the beginning of the challenge and given a work station with limited ingredients and one secret ingredient available to all.

They are asked to don their aprons and devise a two course menu which they will then have to cook together as a team within a limited amount of time. As any Chef knows, the kitchen is an ever-changing environment - you never know what challenges may be presented to overcome as a team.

While cooking they are judged by our Chef and Management Team on creativity, use of ingredients, plate presentation, taste and teamwork.

Groups of 10 to 75 | \$75++ per person



Radical Race

Perfect for groups ranging from 10-100, the Radical Race motivates individuals with tasks such as a culinary challenge, a blind wine tasting, tent building and much more!

While searching for clues and performing tasks, team members must work together using their skill and knowledge to solve riddles and problems. The Interlaken Radical Race has proved to be a great way to build strong relationships between team members.

The Radical Race exercise can be designed to suit your group's needs, taking both your time and agility into consideration.

Groups of 10 to 100 | \$50++ per person



Team Olympics

An exciting way to enhance camaraderie within your company, the Team Olympics activity involves numerous tasks for your players to challenge themselves with.

Be prepared to be taken out of your normal day to day element! Interlaken coordinators will divide your group into teams who will then devise a team name, create a Team Flag and Chant, and then it's off to the first activity. Team Olympics can be customized to suit your group's needs taking into consideration the amount of time your agenda allows (Team Olympics requires a minimum of an hour and a half). At the finish, Interlaken Coordinators will award medals based not only on who the winning team of each activity as well as a Team Spirit Award!

Sample Tasks: Canoe Race, "Dizzy, Izzy" Bat (Yes, the traditional version!), Interlaken Tug of War, Ping Pong Ball Challenge, The Burlap Hop, Frostbite and Twisted Dodgeball.

Groups of 10 to 75 | \$65++ per person



Executive Leadership Skill-Building Programs

Beyond the Ropes

All the benefits of a low ropes course without the restrictions! The activities below simulate low ropes course elements, but trees and cables aren't necessary. As an added bonus, most challenges can be done indoors or out and therefore all year long. You only need a flat grassy field or suitable indoor space at Interlaken, some brainstorming and creative thinking by your team members, and the desire to have a challenging fun time!

- Chasm Crossing
- Portable Spider's Web
- Beach Ball Blast
- Cat's Cradle
- Balloon Chair Challenge
- Ski Trek

\$75++ per person for groups of 25 or more
Smaller groups are individually priced





The “Pit Stop” Track Program

This exciting team building program at Lime Rock Park is offered exclusively by the Interlaken Inn.

It may be difficult to focus at your morning meeting at Interlaken, but work must be done before play. When your morning session at the Interlaken is over, our staff will deliver a deli lunch to each team as they begin to work on developing their Team Logo (also known as Livery) that will be placed on their race

car and judged for neatness and creativity. There is one hour to complete this task – and that includes eating – so use your time wisely. Your group will then head to the Lime Rock Park Chalet and the next set of tasks begins. Once the requirements are met and the car is ready to go, let the driving on the Autocross begin!

8 person minimum | \$450++ per person Mon - Fri | \$525++ per person Sat - Sun | Insurance and use of Miatas included

Leadership in Motion

The fast paced environment we work in leaves little time for reflection. Gilman Performance Systems, Inc. and Interlaken Inn have partnered to bring you Leadership In Motion, a powerful leadership development workshop. This exciting new program focuses on the specific tools and experiences that successful leaders need for themselves, their teams, and their organizations to succeed in the chaotic, ever changing, often unpredictable world in which we work and live. Participants will drive racecars at Lime Rock Park track to experience true Leadership In Motion, focusing on the immediate, as well as the curves down the road. The program affords participants practice to be a high performance leadership engine in a highly competitive environment, while maintaining a calm and focused mind steady at the wheel.



phone: (203) 740-9767 | email: info@gpsadvantage.com | www.gpsadvantage.com | www.yourbestmeeting.com

Please email us at sales@interlakeninn.com for more information



74 Interlaken Road, Lakeville, CT 06039 | 1 (800) 222-2909 | www.InterlakenInn.com

++ denotes 19% Service Administrative Charge and 6.35% Sales Tax