



“Green” Lodging

Our Commitment to the Environment



The Interlaken is committed to being an environmentally conscious hotel, and we encourage our guests to partner with us to achieve the highest possible standard of conservation and environmental stewardship.

- All rooms are cleaned with environmentally friendly cleaning products, and participant in “Clean The World” program.
- Recycled paper: Property-wide printing on recycled paper
- Organic beverages: All complimentary lobby coffee is organic, shade-grown and/or fair trade; Kitchen uses composters.
- Towel/linen reuse: Guests have the opportunity to do their part to reduce energy and detergents used for daily washings
- Recycling: Back-of-house recycling programs addressing glass, bottles, paper, cardboard, etc.
- Energy conservation: Back-of-house lighting retrofitted and audited to ensure energy-efficient bulbs are in place
- Water conservation: Implementation and auditing of low flow systems for faucets, toilets and showers
- In-room recycling bins: Guests are encouraged to participate in reducing our environmental impact.



74 Interlaken Road, Lakeville, CT 06039
(860) 435-9878 / 1-800-222-2909



Sunnyside House

- A quaint New England Bed & Breakfast, with great amenities.
 - Wrap around porch / Winding staircase.
- Each room is uniquely appointed with King size beds.
 - Use of all the resort's facilities.

Woodside

- Set in a more secluded section of the resort, featuring our Honeymoon/VIP Suite complete with King bed, private patio & hot tub.
- All rooms appointed with Queen size bed & Twin size sleeper sofa.

Countryside House

- Perfect for couples who wish to be away from the hustle and bustle and relax in a private atmosphere.
- Country decor with muted earth tones and formal furnishings.
 - Privacy of just 8 rooms with King beds.

Main Building

- Our 40 Main Building Rooms are easily accessible to restaurant, main lobby, banquet and conference areas.
- All rooms feature king or 2 Queens or single King bed / hair dryer / coffee makers
 - Handicap Accessible rooms available.
 - All have private balcony with views of the gardens.

Townhouse Suites

- Spacious accommodations, perfect housing for families or groups of 4-6.
 - Full kitchens/Washer & dryer / Private decks overlooking the pool.
 - Fireplace / Living Room / Dining area.
 - Loft bedroom with king or 2 double beds / Pull-out sleeper sofa.

Townhouse Rooms

- The Townhouse rooms adjoin our Townhouse Suites.
- All rooms appointed with 2 double beds / Hair dryer / coffee makers.
 - Private deck overlooking the pool and courtyard area.

For Your Enjoyment:

- **Morgan's**, our top-rated casual dining with the unique menu items prepared from fresh local ingredients.
- Ellora Spa & Sanctuary, with extensive menu of spa services.
- Heated outdoor pool (seasonal) / Executive ropes course.
- Golf at six challenging and exciting courses / Executive Golf School.
 - Tennis / Volleyball / Basketball.
- Swimming in Lake Wononscopomuc / Complimentary canoes and kayaks.
 - Walking trails / Bicycling and Bicycle Tours available.
 - Game room / Pool table / Ping pong.
 - Fitness center / Sauna / Gameroom.
 - Gift shop / Pet friendly rooms available.

Nearby:

Covered bridge at West Cornwall, auto racing & race car driving lessons, historic sites, antique browsing and winery tours. Miles of scenic country roads for touring, excellent summer stock theater, music and arts including Music Mountain, Jacobs Pillow dance, Tanglewood and Norman Rockwell Museum. Lots more.....